

Psalm 3

Trusting God in the midst of Trouble

A Psalm of David when he fled from Absalom his son.

- ¹ **LORD, how they have increased who trouble me! Many are they who rise up against me.**
² **Many are they who say of me, "There is no help for him in God." Selah**
³ **But You, O LORD, are a shield for me, My glory and the One who lifts up my head.**
⁴ **I cried to the LORD with my voice, And He heard me from His holy hill. Selah**
⁵ **I lay down and slept; I awoke, for the LORD sustained me.**
⁶ **I will not be afraid of ten thousands of people who have set themselves against me all around.**
⁷ **Arise, O LORD; Save me, O my God! For You have struck all my enemies on the cheekbone; You have broken the teeth of the ungodly. ⁸ Salvation belongs to the LORD. Your blessing is upon Your people. Selah** (NKJ Version)

f. The Setting and background of Psalm 3

- a.* King David is the author
- b.* Written in a time of great turmoil and personal heartbreak
- c.* David's son Absalom has rebelled and is attempting to overthrow David's throne (2 Samuel 15:1-12)
- d.* David flees from Jerusalem (2 Samuel 15:13-16)
- e.* This psalm is believed to have been written when David was on the Mt. of Olives having just fled Jerusalem (2 Sam. 15:30)
- f.* Yet in the midst of incredible pressure David believes God will deliver him – this psalm's theme is TRUST IN GOD

g. Application of this Psalm

- a.* Personal application to King David

- f. Application as a prophetic picture of the Messiah
- c. Application as a prophetic picture of Israel before the Messiah comes
- d. Application to God's people everywhere

GGG Verse by verse Analysis

- a. Verse 1 – a description of great distress and pressure which was quite literal for David (2 Samuel 15:10-12) – Nathan the prophet had prophesied this was coming in 2 Samuel 12:11 – as a result of David's sin with Bathsheba & the murder of Uriah but the grief over his son's rebellion was very deep.
- f. Verse 2 – The most stinging rebuke that could be given to a servant of God by the enemy!
- c. Verse 3 – despite the words of his enemies – David still believes in God's great mercy & faithfulness to deliver him from his trial
- d. Verse 4 – David is confident that God hears his prayers – New Testament equivalent is found in 1 John 5:14-15
- e. Verse 5 – The ultimate statement and proof of David's trust in God in the middle of trouble – he could sleep at night! Can you say the same?
- f. Verse 6 – David chooses to "FEAR NOT" despite what his eyes see!
- g. Verse 7 - the picture painted here is that of God removing the power of the enemy to harm - "***You have broken the teeth of the ungodly...***"
- h. Verse 8 – This concluding verse is a statement of David's faith in two great truths about his God – that salvation (deliverance) comes from Him alone and that He loves His people so much that He pours out blessing, grace and favor

though we are never deserving of it. In this, David is confident and can expect God's help even in the midst of what appears to be a hopeless and winless situation. God will deliver!
